

# Parents, Youth & Family Committee Meeting

September 28, 2011

3:30 p.m. to 4:30 p.m.

Conference Room B, Volusia County Health Department



In attendance:

Name	Agency
Johnson, Bev	Volusia Flagler Family YMCA
Latford, Kim	Beach Yoga
Marucci, A.T.	City of New Smyrna Beach Parks and Recreation
Mooney, Sharon	Volusia County Parks, Recreation and Culture
Moran, Teresa	Volusia County Health Department
Schlageter, Deborah	One Voice for Volusia

## Welcome/Introductions

Ms. Schlageter called the meeting to order at 3:30 p.m. Roundtable introductions ensued. Ms. Schlageter and Ms. Moran shared the goals of the Coalition and development of the Priority Areas. Ms. Moran recommended attendees visit [www.letsmovevolusiasyouth.org](http://www.letsmovevolusiasyouth.org) to check out the updates to the site and also view the video online which features the beginning steps of the coalition.

## YOUR Connection to Let's Move Volusia's YOUTH (LMVY) Coalition

Ms. Schlageter shared that part of the goals of LMVY is to create a Community Inventory that highlights what is already available to children and youth when addressing obesity, eating healthy and active living in Volusia County. She shared examples of evidence-based practices, promising practices and "good ideas" as identified on the Northeast Florida Counts website. It would be ideal if through the development of the Inventory, Volusia County's successful programs would be added to this resource.

## Begin Planning Process to Create a Community Action Plan

Following the sharing of successful programs coordinated by each of the attendees, discussion ensued regarding the development of a Community Action Plan specific to addressing obesity to Parents, Youth & Families. Several websites were identified (i.e. Kidz Bite Back and the Y's HealthyFamilyHome.org) as resources in adopting a national campaign or larger effort locally. Connections with after school coordinators should be made to join LMVY efforts and connecting with area culinary students in developing an online "healthy recipe book" to include grocery lists was suggested. Ideas will be incorporated into the draft Community Action Plan for the next meeting.

Contact will be made with coordinators within the Junior League to invite them to attend the next meeting

There being no further business, the meeting adjourned. The next committee meeting will be Wednesday, October 26<sup>th</sup> from 3:30 p.m. to 4:30 p.m. in Conference Room B at the Volusia County Health Department.